

(Q5) Please select the statement about breastfeeding or feeding pumped breast milk that best describes how you fed your child.

	%	95% CI*	
I never fed breast milk to my child	8.1	5.7	11.3
I fed breast milk to my child for less than 1 month	10.6	7.5	14.6
I fed breast milk to my child for 1 month or more	81.4	76.8	85.2
<i>1 through 3 months</i>	16.9	13.3	21.4
<i>4 through 6 months</i>	13.5	10.2	17.8
<i>7 through 9 months</i>	7.8	5.5	11.1
<i>10 through 12 months</i>	13.5	10.2	17.6
<i>13 through 18 months</i>	15.7	12.1	20.0
<i>19 through 24 months</i>	6.4	4.2	9.4
<i>More than 24 months</i>	7.6	5.4	10.5

(Q6) What type of milk does your child usually drink now?

	%	95% CI*	
Whole or regular milk	35.1	30.1	40.5
Reduced fat (2%) milk	36.1	31.2	41.4
Low fat (1%) or fat free (skim) milk	13.3	10.2	17.2
Soy or rice milk	4.9	3.1	7.6
Powdered or canned milk	2.9	1.9	4.4
Other	7.7	5.3	11.0
<i>Checked more than one type</i>	3.6	1.9	6.5
<i>Indicated child does not drink milk</i>	2.4	1.2	4.5

(Q7a) Yesterday, about how many cups of WATER did your child drink?

	%	95% CI*	
None	3.9	2.5	6.1
Less than one	8.4	5.8	12.0
One	23.1	18.9	27.9
Two	27.3	22.9	32.3
Three	18.2	14.5	22.8
More than three	19.1	15.0	23.9

What is CUBS?

CUBS stands for the Childhood Understanding Behaviors Survey and is a three-year follow-up to the Alaska Pregnancy Risk Assessment Monitoring System (PRAMS) survey. PRAMS sends a survey to approximately one of every six mothers of newborns in Alaska, and CUBS attempts follow-up with all mothers who completed PRAMS and whose infant was living with them at that time. The purpose of CUBS is to collect information about the health, behaviors, and early childhood experiences of children in Alaska before they enter school.

Among mothers who were sent the CUBS survey in 2008, 49% responded. Their answers were weighted to represent all mothers of 3-year-old children who were born in Alaska in 2005. The average child age at the time the mother responded to CUBS was 36 months (range 35-40 months).

For more information about CUBS, visit www.epi.hss.state.ak.us/mcheppi/cubs/.

For questions or for specific data requests, contact Margaret Blabey, CUBS Program Coordinator, at 907-269-5657 or margaret.blabey@alaska.gov.

*95% Confidence Intervals (CI)

(Q7b) Yesterday, about how many cups of MILK did your child drink?

	%	95% CI*	
None	3.8	2.4	5.9
Less than one	8.3	5.6	12.1
One	20.0	16.0	24.7
Two	38.0	32.8	43.4
Three	19.5	15.7	24.1
More than three	10.4	7.6	14.1

(Q7c) Yesterday, about how many cups of 100% FRUIT JUICE did your child drink?

	%	95% CI*	
None	17.8	14.0	22.3
Less than one	15.5	11.7	20.3
One	27.9	23.2	33.1
Two	21.9	17.5	27.0
Three	12.7	9.4	16.9
More than three	4.2	2.7	6.6

(Q7d) Yesterday, about how many cups of SODA (such as Coke or Sprite) did your child drink?

	%	95% CI*	
None	74.9	69.6	79.6
Less than one	14.4	10.7	19.1
One	7.4	4.9	11.0
Two	2.4	1.2	4.8
Three	0.6	0.2	1.6
More than three	0.4	0.1	1.4

(Q7e) Yesterday, about how many cups of SWEETENED OR FRUIT DRINKS (such as Kool-Aid, Tang, or Capri Sun) did your child drink?

	%	95% CI*	
None	65.2	60.0	70.1
Less than one	9.1	6.2	13.0
One	11.9	8.8	16.0
Two	7.2	5.1	10.1
Three	3.8	2.2	6.3
More than three	2.8	1.6	5.0

(Q8a) Yesterday, about how many times (including meals and snacks) did your child eat FRESH, CANNED, FROZEN OR DRIED FRUIT?

	%	95% CI*	
None	12.9	9.7	17.0
One	26.8	22.4	31.7
Two	36.7	31.7	42.1
Three	16.7	12.9	21.2
More than three	6.9	4.7	9.9

(Q8b) Yesterday, about how many times (including meals and snacks) did your child eat FRENCH FRIES, TATOR TOTS OR POTATO CHIPS?

	%	95% CI*	
None	57.3	51.9	62.6
One	36.6	31.5	42.0
Two	4.1	2.6	6.4
Three	1.5	0.6	4.1
More than three	0.4	0.1	1.6

(Q8c) Yesterday, about how many times (including meals and snacks) did your child eat OTHER VEGETABLES OR SALAD?

	%	95% CI*	
None	13.6	10.5	17.5
One	36.8	31.8	42.2
Two	36.9	31.8	42.3
Three	10.5	7.6	14.3
More than three	2.2	1.0	4.7

(Q8d) Yesterday, about how many times (including meals and snacks) did your child eat CANDY, COOKIES, OR OTHER SWEETS?

	%	95% CI*	
None	25.1	20.8	30.0
One	55.5	50.1	60.7
Two	16.6	13.0	21.0
Three	1.7	0.7	4.3
More than three	1.0	0.4	2.3